



Aboriginal Community Controlled Health Service Ltd.

ANNUAL REPORT 2022 - 2023



ABOUT MOORUNDI



The health service was established in 2017 to deliver a comprehensive range of primary health care services to their communities. At the core of these services, Moorundi ACCHS Ltd delivers a holistic model of health care which includes clinical services and wellbeing programs.

In Ngarrindjeri, the word 'Moorundi' means river and refers directly to the River Murray. For the people of the Ngarrindjeri Nation, the river is where all life begins and the connection between health and water is intricately linked to the culture of the Ngarrindjeri Community.



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OUR GOALS & OBJECTIVES



Bringing Community Together

Our first goal which is central to all the other goals is bringing community together. We cannot deliver health services merely from a clinical care perspective.

The health of our community depends on the health of our culture which depends on the health of our lands. When our culture is not well, then our community is not well. We are strong when we are together and not well when we are disconnected.

Ensuring that we, as part of our community, are focused on the health and wellbeing of our community and our culture will ensure improved health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe.

Quality, integrated and holistic health services

Our second goal is to deliver quality, integrated and holistic health services to ensure an improvement in the health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe.

Quality means that we will deliver services to the expectations of all industry service standards and to our own standards and the standards expected by the community.

Integrated means that we will work with and connect to the health and support services available on Ngarrindjeri Ruwe to ensure that we ascertain the best services available for our people.

Holistic means that we will listen to what our clients say about their overall health, their situation and their environment and look at different ways to achieve better health which encompasses health determinants.

Growth, Partnerships & Opportunity

Our third goal is to grow our organisation, our service and our infrastructure to support the two ambitious goals of Bringing Community Together and Quality, integrated and holistic health services. Moorundi is now an established organisation with a solid track record of service delivery.

In order to reach these goals, and to improve the health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe, we need to grow and expand to ensure our longer-term sustainability.

We recognise we cannot do this alone, and so, we need to establish long lasting and trusting relationships with our partners. We also need to be prepared and responsive to opportunities that present.

CEO REPORT



Dear Members,

Welcome to the Moorundi Aboriginal Community Controlled Health Service Ltd Annual Report for 2023.

The past year has had its share of challenges but also sustainable success stories as well.

As Chief Executive Officer of Moorundi Aboriginal Community Controlled Health Service Ltd I am very proud of what we have been able to achieve since 2017, our continued growth is testament to our hard work, courage and vision for the improved health and well-being of our Community.

As always I would like to thank the Moorundi Board for their vision and commitment. Your professionalism and passion to remain focused on our Strategic path and set directions towards a sustainable Health Service has been exemplary. The Moorundi Staff are a professional, committed and loyal group who continue to deliver services in the best interests of our Community from Murray Bridge, Kangaroo Island, Mount Barker, Victor Harbor, Meningie, Raukkan, Mannum, Lameroo and surrounding areas.

Moorundi has been successful in securing Capital Works Funding for the following:

1. Renovations and refurbishment of 1 Wharf Road Murray Bridge for the relocation and delivery of Clinical Services.
2. Renovation and refurbishment of Raukkan Clinic to include an infection control space for any future covid outbreaks.
3. Development of our new Moorundi Health Service at 124 Adelaide Road Murray Bridge.

Moorundi continues to work closely and in collaboration with Stakeholders such as Riverland Mallee Coorong Local Health Network, Barossa Hills Fleurieu Local Health Network, Headspace, ac.care, Ngarrindjeri Ruwe Empowered Communities, Kalparrin Community Incorporated, SAPOL, Housing SA and Murray Bridge High School.

The Moorundi and Jawun relationship continues to produce great results with the Secondees delivering incredible briefs this year around the Capital Works, Grant Applications and Organisational Culture. This relationship is incredibly important to the continued growth of Moorundi as a Health and Well Being Organisation.

The vision of a Ngarrindjeri Precinct/Hub is still high on our agenda and the vision of co-locating our new Health Facility with a Community Well Being Centre is moving closer to reality.

As stated previously it has been a challenging year but it also has had its incredible highs and as long as Moorundi continues to work towards a sustainable model of Health and Well-being then the Community will be the main benefactors.

Steven Sumner

Chief Executive Officer

BOARD REPORT



Dear Members,

On behalf of the Moorundi Board we would like to extend a heartfelt thank you to all our staff for their contribution and hard work through a year of considerable achievements. A very special mention to the dedicated vision of staff who participated in securing the Capital Works Funding for a purpose-built health facility at 124 Adelaide Road. As a board we are excited to see the development of a new facility for our community and cannot wait for Moorundi's new journey.

This year there has been a change in our structure with an investment in Moorundi's Management and Leaders. The Board acknowledges that building local Leaders remains key to our future success and we are very proud of all the achievements and accolades our staff have worked hard for this year.

Our Workforce and the Leadership team have continued to show commitment to ensure our community receive healthcare and social support while facing the challenges of the flood event and ongoing COVID changes.

I want to thank the Board Members who have served in 2022-2023 for their valued contributions over the past 12 months. Your time and effort is greatly appreciated and continues to help shape the future vision for Aboriginal Primary Health Care on Ngarrindjeri Ruwe.

In closing, I look forward to what we can collectively achieve in the years ahead as we embark on the next chapter of Moorundi ACCHO with the purpose-built health service.

Tahlia Lloyd.

ORGANISATIONAL STRUCTURE 2022 – 2023



Chief Executive Officer

Steven Sumner

Executive Assistant

Brooke Vanzati

Board Members

Tahlia Lloyd

Ellen Trevorrow

Ebony Marshall

Derek Walker

Lawrie Rankine

Valda Rigney

Admin & Business Enabling Team

Office & Admin Manager

Bec Fidge

Administration Trainees

Courtney Rigney

Pheobe Kartinyeri

Bookkeeping/Finance

Dee Waechter

Casual Transport Drivers

Melissa Sumner

Noel Hartman

Paul Norris

Gerald Sumner

Melanie Bassham-Bert

Sandy Norris

Gordon Sumner-Rigney

Cleaners

Kirsty Oxborrow

Business Director

Natasha Smith

NDIS Team

Support Coordinator

Vicki Cummings

Community Programs & Health Promotion

Aboriginal Community

Programs Manager

Nerylee Aston

Aboriginal Community

Engagement Worker

Aileen Rigney

Community Engagement Worker

Chris Hawkins

Community Cultural Development Officer

Kelly Rigney

Social & Emotional Wellbeing Team

Social & Emotional Wellbeing Manager

Diana Murphy

Mental Health Clinician

Zane Gunter

Alcohol & Others Drugs Counsellor

Emma Jackson

Social & Emotional Wellbeing Counsellor

Bobbie-Jo Williams

Clinical Director

Beth Hummerston

Administration

Crystal Ackland

Skye Kartinyeri-Sumner

Integrated Team Care Team

Indigenous Health Project Officer

Dorothy Kartinyeri

Nikki Smith

Care Coordinator

Karen Cooper

Chronic Disease Coordinator

Luke McKenzie

Clinic Team

Clinic Manager

Ash Smith

Senior Aboriginal Health

Practitioner

Kelly Smith

Aboriginal Health Practitioner

Gordon Rigney Jr

Montina Sumner

Nikki Smith

General Practitioners

Dr Jodi Hunt

Dr Jerry Wong

Dr Sheree Hunt

Dr Prashan Kuruppu

Registered Nurse

Melissa Rumbelow

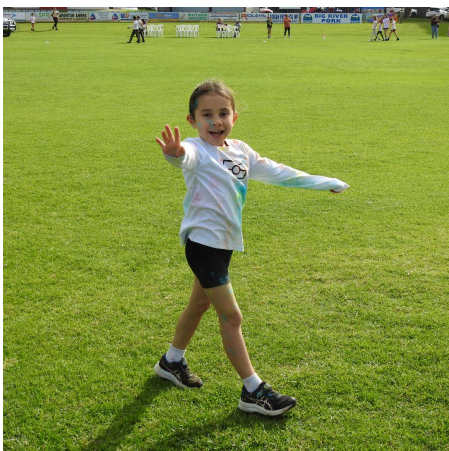
ABORIGINAL HEALTH FAIR DAY 2023



Our Annual Aboriginal Health Fair Day was held at Ramblers Football Club on the 28th of April 2023.

This event saw over 100 people in attendance which included community, staff and external services. The day began with a Welcome to Country by Aunty Pauline Walker, followed by the colour fun run hosted by IMF RAW Murraylands which had community of all ages participate.

The incredibly talented Isaiah Janiak performed and shared his stories through rap. Aunty Ellen Trevorrow attended with Ngarrindjeri Ruwe Empowered Communities and shared her knowledge in Ngarrindjeri Weaving. It was another great event and we are looking forward to the next Aboriginal Health Fair Day in 2024!



ADMIN & BUSINESS ENABLING TEAM



Business Enabling Team

Brooke returned from Maternity Leave in April 23 to the Executive Assistant position and saw Nerylee move to the new role of Aboriginal Community Programs Manager.

Phoebe Kartinyeri and Courtney Rigney completed their traineeship of Certificate III in Business Administration. Phoebe and Courtney have worked across the programs at Moorundi and have been an incredible asset to Moorundi and we are very happy to have them on board.

Dee continues to work closely with the accountants and keeps us moving forward with anything finance.

The business enabling team under the guidance of Natasha as the Business Director have been kept busy with additional portfolios added to our team.

We all work closely together to ensure that the growth and sustainability of Moorundi continues.







Bec, Courtney, Phoebe, Tash and Mick from mteSA

Transport

The team has provided 932 transports to enable our community to attend appointments whether that be a driver, fuel voucher or taxi. To ensure we keep up with the growing need for transport, we have increased our casual driver pool.

The guidelines for access to our transport services is that you are a registered Moorundi client, accessed service in last 12 months and that the appointment has been referred to by Moorundi GP, or are on the ITC (Integrated Team Care) Program and guidelines apply to that program.

Transport Eligibility & Criteria

-  Are you a registered client of Moorundi?
-  Have you utilised our services within the past 12 months?
-  Has our GP referred you to a specialist or other service outside of Moorundi?
-  If so, please contact our admin team with your referral details to book transport.
-

NDIS

Since Vicki Cummings is now the NDIS Support Coordinator. This is a new position and we are currently an Unregistered Provider, but when our participant numbers grow we would work towards being a Registered Provider.

Currently we are able to take on Participants that are either Plan or Self- Managed Level 1 or 2. Anyone that is Agency Managed would need to be under a Registered Provider.

At this stage Vicki has six participants and we are anticipating that the numbers will grow. We have been working with the Local Area Coordinator (LAC) to support any enquiries and assistance to access the program.

The LAC is sitting at the Adelaide Rd site at Moorundi to assist with enquiries and access once a month.

All enquiries regarding NDIS can be directed to Vicki Cummings via email, mobile or via our Adelaide Road office.

COMMUNITY ENGAGEMENT AND WELLBEING TEAM



It's been another busy year for the Social and Emotional Well Being Team, our service has been heavily impacted by the floods, rising cost of living and a severe housing shortage.

Added to this people in our Community are still struggling after the COVID pandemic, our young people have been the most affected by lockdowns and a disruption to their schooling.

We recommenced our Monday program in Meningie and have changed the venue for our meetings to the Uniting Church hall.

Programs have recommenced at our Victor Harbor clinic space and we have opened the space for Community to come and yarn every fortnight on Tuesdays. We have also commenced "Wharf Road Wednesday" for Community to drop in and have a yarn and a cuppa. Art supplies will also be available for Community members to access.

Throughout the year we have provided Mental Health Services, Social and Emotional Well Being counselling and support for clients wanting to cease or reduce their Alcohol and Other Drugs use. We did have a gap in the AOD service when our worker resigned, however we were fortunate enough to engage Emma Jackson to take over the role.

Most Community services are struggling with high demand so the team have partnered with Headspace to provide Culturally appropriate programs for young people, connecting them to Country, Culture and Language with the support of our Elders. We also work closely with other services in our area to make sure our clients get the best service possible.



Monday - MASH Program in Meningie



Australia's Biggest Morning Tea - Murray Bridge

Sadly, the rehabilitation service at Monarto has now closed down, making it more difficult for our clients to access a local service. The team is located at our Wharf Road premises with access to a Community space overlooking the river, and we hope that Community will use the space and give us ideas for group activities they would like us to provide.

We also have created a number of resources to help young people maintain their social and emotional well-being and encourage resilience in a rapidly changing social environment. The Ngarrindjeri A-Z of resilience book comes with a deck of cards and is ideal for school age children.

We facilitated and attended many Community events in Murray Bridge, Meningie, Raukkan and Victor Harbor - it was a good feeling to be out and about in our Community again after so much upheaval.

In the last part of 2022 we held four Community consultations on behalf of the Faye Fuller Foundation, overwhelmingly our Community would like to see more Cultural and return to Country activities – we will be looking for funding to make these requested activities available.

In the last twelve months we have supported students and trainees with placements in the SEWB team, as well as supported one of our staff members to complete her Diploma of Narrative Therapy.

CLINIC TEAM



2022 - 2023

Has been a busy year which has seen clinic staff rise to a number of challenges with much enthusiasm and commitment.

In October 2022, the clinic in Murray Bridge moved from Standen Street to re-furbished premises at Wharf Road. The threat of floods had us move back to Standen Street in December with the final move back to Wharf Road in April 2023. We have been very appreciative of Community's patience and understanding with the moves back and forth during this time.

To the credit of all clinic staff, in 2023 the Wharf Road clinic achieved Accreditation with AGPAL in 2023 which demonstrates the team's commitment to ensuring the safety and quality of care provided to Community.

We were very pleased to welcome new staff to the clinic team in 2022:

- Dr Jerry Wong
- Dr David (Monty) Edwardes
- Dr Prashan Kuruppu
- Registered Nurse Melissa Rumbelow

Dr Jodi Hunt, Dr Sheree Hunt, Dr David Edwardes and Dr Prashan Kuruppu provide services in Murray Bridge, Dr Jerry Wong at Victor Harbor with Dr Sheree Hunt and Dr Jerry Wong also visiting Raukkan.

Melissa, the Aboriginal Health Practitioners and Administration Officers work across all three of our clinics.

Moorundi Clinic's

Murray Bridge Clinic

1 Wharf Road, Murray Bridge, SA 5253

Victor Harbor Clinic

15 Victoria Street, Victor Harbor, SA 5211

Raukkan Clinic

16 Lealinyeri Street, Raukkan, SA 5259



Aboriginal Health Practitioner - Gordon Rigney, Care Coordinator - Karen Cooper, Aboriginal Health Practitioner & Indigenous Health Project Officer - Nikki Smith, Aboriginal Community Engagement Worker - Aileen Rigney, Chronic Disease Coordinator - Luke McKenzie.

Staff Training

Congratulations to Montana Sumner and Nikki Smith who successfully completed their training to become Aboriginal Health Practitioners and to Aboriginal Health Practitioners Ashleigh Smith, Kelly Smith and Gordon Rigney who completed their Immunisation Provider training.

All team members have worked hard to become more knowledgeable and gain expertise in specific areas of health that are of interest to them to expand upon the range of services Moorundi is able to offer the Community.

There has been a 10% increase in the number of individual clients seen and a 5% increase in the episodes of care delivered as compared to last year.

Two very noteworthy program achievements have been the Health Check/Nunga Gym program (Murray Bridge) and the Sexually Transmitted Infections/Blood Borne Virus Program.

CLINIC TEAM



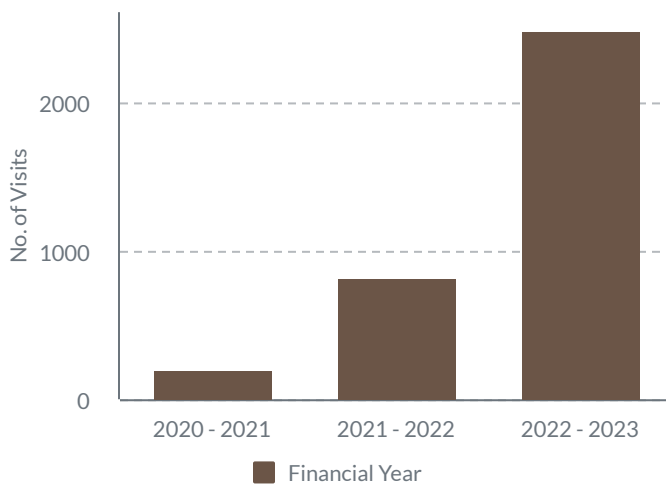
Health Check/Nungas Gym Program

The Nungas Gym program provides exercise/gym facilities to people 15 years and older in order to prevent/better manage chronic conditions following completion of a health check. Exercise physiologists are available to clients with more complex health conditions in need of requiring additional support.

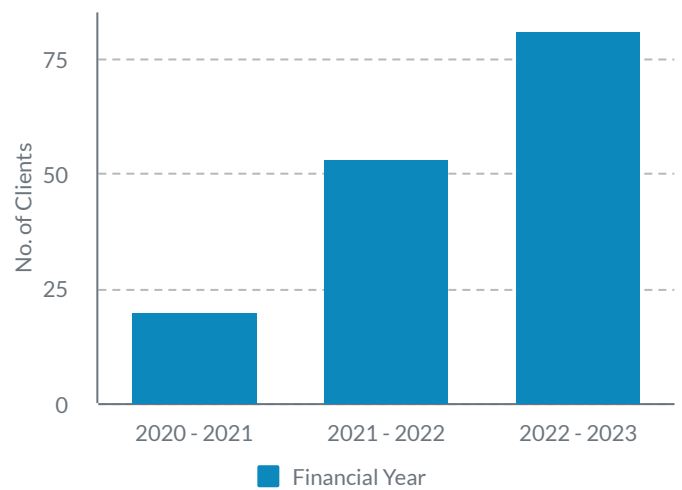
This program has been very well accepted and utilised. Since its inception in 2020 there has been a 300% increase in the number of individuals accessing the gym and an almost 800% increase in the number of visits members have made!



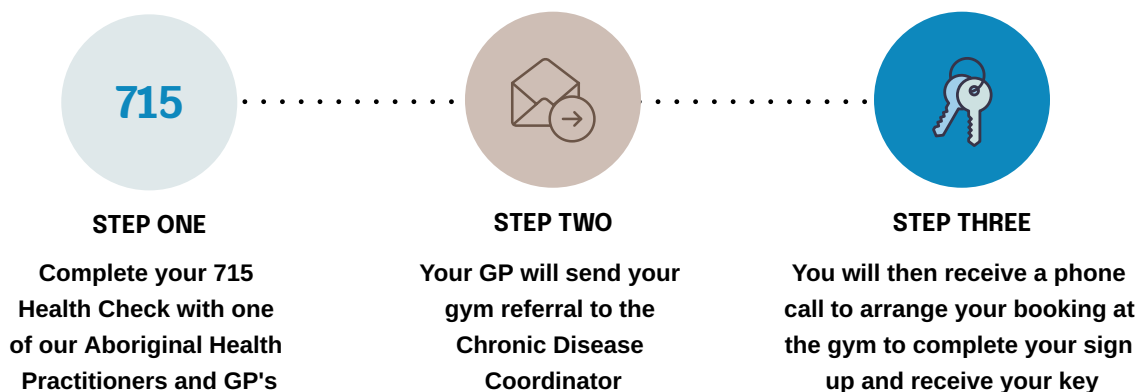
Visits by MACCHS Clients to The Nungas Gym



MACCHS Clients Accessing The Nungas Gym



Here is how you can sign up to The Nungas Community Gym.



CLINIC TEAM



STI/Blood Borne Virus Program

Moorundi introduced hoodies to the Community in August 2022 to clients who accepted the offer of undergoing a BBV/STI screen. They have been extremely popular and we saw a dramatic increase in testing rates particularly amongst the target age group of 16 – 35 years. Hoodies and other merchandise will be available on an ongoing basis.

Following on from this success, Moorundi held a Community competition for Ngarrindjeri artists to create a design specifically for the BBV/STI Program that promoted safe sexual health practices. Our winning Artist was Nellie Rankine. Keep an eye out for Nellie's design on our new shirts to promote our 2023 STI/BBV Program in support of a happier and sexually safer Community.

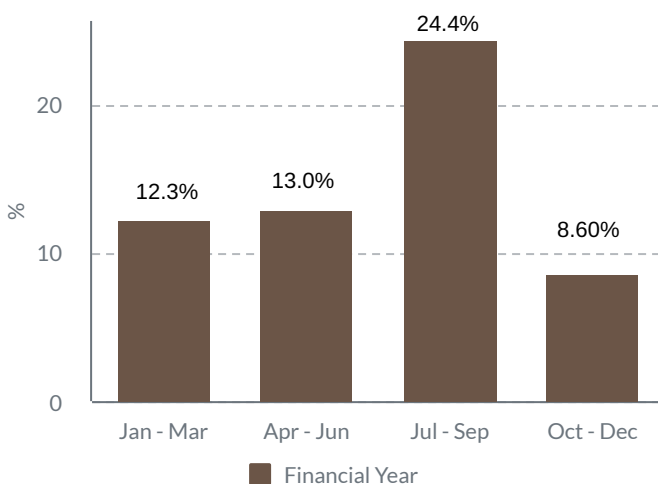
Moorundi's Aboriginal Health Practitioners have also undergone training to be able to offer clients Hepatitis C Point of Care Testing (POCT). Hepatitis C causes liver damage but is curable in 95% of cases! The only way to find out if you have Hepatitis C is to test for it. It's a simple finger prick test which will become available in the next few months.

Staff are looking forward to meeting the challenges 2023/2024 will bring and to continue delivering services of a high standard that are culturally safe and respectful.



Aboriginal Health Practitioner - Gordon Rigney and Aunty Nellie Rankine, winning Artist for the new STI/BBV program t-shirts.

Proportion of target population (16-35 yrs) screened for STI's 2022



Wharf Road Clinic entrance

Community Programs and Health Promotion Team



Po:rlar Ka:ngkun Tainkuwalun (PKT)

In November 2022, Moorundi welcomed two new Community Engagement Workers - Aileen Rigney and Chris Hawkins to the PKT Team.

Aileen and Chris have since introduced fresh, new ideas into the PKT program and have implemented a new structure in the weekly 'playtime' groups.

Aileen and Chris also look forward to visiting Murray Bridge Community Children's Centre and Community Kids Murray Bridge in Term 3 on a monthly basis. This opportunity will allow the team to share this program with more children and further increase school readiness whilst sharing Ngarrindjeri Language and Culture.

We are excited to watch over the continuous growth within this program targeting school readiness through a culturally appropriate, strength based perspective.

Together Our Children Succeed (TOCS)

In November 2022, Moorundi welcomed Kelly Rigney who is the Community Cultural Development Officer for the TOCS program.

Kelly is working to support children to attain their academic potential in our region, encouraging improvements in literacy and numeracy, and facilitating opportunities for young people who are seeking higher education and/or employment.

The Literacy & Numeracy program has started and will see Kelly visiting schools within our region where students artwork will be contributed into creating a book for each school.

Storytelling has been well attended this year with Kelly visiting the Murray Bridge Library, Primary School's, Early Learning Centre's and also within the PKT program.

Aboriginal Community Programs Manager

In April 2022, we appointed Nerylee Aston to the newly created position of Aboriginal Community Programs Manager. Nerylee now manages both PKT and TOCS programs whilst maintaining her role as Health Promotion & Social Media Officer.



Staff Photo



Ngarrindjeri Flag Activity - NAIDOC Week 2023



Storytelling with Kelly - Playtime Standen Street

Community Events

The Integrated Team Care (ITC) team and Social Emotional Wellbeing (SEWB) Team collaborated in hosting Australia's Biggest Morning Tea in Victor Harbor, Murray Bridge and Meningie, and raised \$140 for the Cancer Council.

On the 16th of March, ITC joined the Clinic Team and PKT Team in attending the Sonder Closing the Gap Event at the Adelaide Showgrounds. This event saw hundreds of people walk through the doors, many of which were very interested in our popular 715 t-shirts.

Moorundi held the Annual Aboriginal Health Fair on 28th April 2023 at the Ramblers football grounds, where hundreds of community came together to enjoy a family fun day full of activities.

On the 2nd of June, ITC & SEWB hosted a Reconciliation event on the 2nd of June 2023 in the board room at 1 Wharf Road where service providers had the opportunity to come together and celebrate what Reconciliation Week means to everyone in the Community.

Everyone involved had a special task to write a message about Reconciliation and place it into a time capsule that we will be opened in 5 years' time in the new Moorundi purpose built facility. The opening of this time capsule will reflect on the progress of this years' theme "Be a Voice for Generations".

Nikki and Karen have had a regular presence down in Victor Harbor clinic with home visits, yarning circles and promoting upcoming events, this has shown to be a great way in keeping community updated with what's happening in their region.



Visits

Nikki and Karen visited Kangaroo Island in August. During the trip, they were invited to attend the community yarning circle to begin creating strategies to better the overall health issues on the Island. It was great a great chance to meet local community and work closely with Barossa Hills Fleurieu Local Health Network.

They were given the opportunity to visit the school and deliver a bag of goodies for Indigenous children who had recently completed their 715 Health Checks.

Nikki and Dorothy have been clocking up the Km's on the road visiting General Practices in the Southeast, Riverland, Adelaide Hills and Fleurieu Peninsula region. New relationships were built during these visits and provided the opportunity to see the effect COVID-19 had within each location.

We have delivered local art work by Daniel Giles to the Waikerie Clinic and offered online Cultural Competency training to reception staff, general practitioner's and nursing staff.

Staff Changes

We were excited to see Dorothy go on Maternity Leave from July to December 2022 and then welcome her beautiful little boy Koa to the world.

We sadly Farewell David who had been at Moorundi since 2016. David has been a huge part of the ITC program transporting clients to and from their appointments and he unfortunately resigned in May due to health reasons. We would like to thank David for his dedication and devotion to Moorundi and our Ngarrindjeri Community.

Indigenous Health Project Officer

Welcoming with local artist providing art work

- Waikerie Medical Clinic by Daniel Giles
- Kangaroo Island Medical Clinic by Cedric Varco
- Day and Night Surgery by Aunty Ros
- Coorong Medical (Coonalpyn) by Aunty Ros

Cultural competency training (online) which 87 participants have completed.

The ITC team attended the ITC forum on 17th – 18th May 2023 in Adelaide which gave new staff the opportunity to build relationships and meet other ITC team members working in other regions.



Professional Development

Nikki completed her studies in Aboriginal Primary Health Care and is now undertaking the registration process.

ITC staff undertook Chronic Disease Training through Benchmarque refreshing their knowledge.

On Friday 26th May, ITC along with all Moorundi staff attended Cultural Safety Training hosted by CEO Steve Sumner & SEWB Manager Diana Murphy.



Community Feedback

“I would like to say a real big thank you to Karen and Moorundi for all you’ve done for me living on a pension there’s no way I could afford the medical and travel cost I’ve had the last 18months”

“Just keep up the good work”

“Excellent service to the Aboriginal Community”

“Thank you for all your support its much appreciated”

GP Practice and Staff Feedback

“Very informative, and goes into great detail which i think is important for setting foundation of knowledge. Can sometimes feel a little overwhelming in terms of the amount of information”

“I felt pleased that I could undertake the course and learn more about Aboriginal and Torres Strait Islander peoples.”

OUR MEMBERS AND SUPPORTERS

We encourage feedback and support from our community

Our team is committed to the needs, desires and feedback from our members and stakeholders. As part of our quality service goals, we want to ensure our strategic actions and day to day activities are servicing the needs of our local Ngarrindjeri Community specifically. As a team, we believe that it is only through providing a strong feedback loop and progressive culture of learning from each other, that we can continue to improve our holistic service model.

It's important to note, that Moorundi is an Aboriginal Community Controlled Health Service, and therefore the voices and wisdom of people across our Community is vital to our existence and successful operations. We are run by Aboriginal people, for Aboriginal people.

With this in mind, we provide a range of feedback opportunities and interactive forms that provide various opportunities for our members to provide feedback to all/any members of our team, and our Board. Some of the ways people can engage with us on these matters include:

- Website feedback form www.moorundi.org.au/feedbackform
- Website contact form www.moorundi.org.au/contact
- Facebook page (comments or messages) www.facebook.com/moorundiACCHS
- Meeting this one of our team leaders (arrange via phone or email - see below)
- Email to our team: admin@macchs.org.au
- Phone to our team: 1800 023 846

We want you to join us

If you are interested in finding out more about becoming a registered member of Moorundi, then we would love to hear from you. You can either contact us via phone, email or on our website, or follow the four simple steps to start the process:

1. Drop in to one of our offices/clinics OR head over to our website to access the Membership Form www.moorundi.org.au/information
2. Fill out the membership form
3. Return form to Moorundi in person or via postage to 124 Adelaide Road, Murray Bridge, SA 5253
4. Encourage others in our Community to become a member so their voice can be heard too.

Confirmation of Aboriginality

For those who need them, we can also provide Confirmation of Aboriginality. This form can also be found on our website, or you can request one from our office. People should follow the same process as above to fill out and return these forms to Moorundi so we can assist in the official certificate being finalised.