



MACCHS NEWSLETTER

NOVEMBER 2025

Our Vision:

Moorundi is seen as a national leader, setting the benchmark for health and wellbeing services, and this reputation inspires funding.

We envision providing a safe place of healing and being a focal point for people to access health services that incorporates the Spiritual, the Cultural, the Social, the Emotional, the Mental and the Physical.

The health services are based on trust and respect. The safe space of healing we will provide focuses on broader wellbeing, including preventative health measures and not only on clinical care.

Our Mission:

Holistically improve the health and wellbeing of our community from a cultural perspective and ensure that those in need can easily access health services needed when they need them.

For Moorundi, holistic health includes looking at all aspects of health, in all life stages.

Within this mission we share how we view the health services we provide, in that central to our health is our culture. There are three key interconnected ways of being for the Ngarrindjeri people. Our Culture, Our Community and Our Ruwe (Land). They cannot be separated.

We want:

- the community to be able to take control of their own health,
- to deliver services in the way the community would like them delivered; and
- to respond to all their health needs.

Our Values:

Culture, Community and Yarlumar Ruwe are at the forefront of everything we do. This incorporates being:

Welcoming and Inclusive

Every person who walks through the door to get health services will feel like they belong and are connected with their community and with their health service. Ngarrindjeri Ruwe has many Aboriginal and Torres Strait Islander language groups who live, work and have families here. All are welcome at Moorundi.

Respectful

We will be respectful to everyone, no matter who you are, no matter where you come from, and no matter what concerns you may have. Every person has the basic human right to be respected. In return we ask for respect to be shown to us.

Understanding and Non-Judgemental

Moorundi as an organisation and individuals within it will always seek to understand you and your families. We will support you; we will not judge you based on your situation or any health care need and we will work to dispel stigma associated with your situation.

Trust and Honesty

Will be honest with our communications with you. We will deliver the health service that you expect and treat you with the respect and concern. We will treat your confidential information with care, and we will adhere to the Australian Privacy Principles.

Proud of who we are

We acknowledge the traditional custodians of the lands within our catchment area. We are proud of all the Indigenous groups we support. We will take pride in everything that we do and always work to deliver our service to the highest quality standard that our community expects from us.

Our Goals and Objectives:

Bringing Community Together

Our first goal which is central to all the other goals is bringing community together. We cannot deliver health services merely from a clinical care perspective. The health of our community depends on the health of our culture which depends on the health of our lands. When our culture is not well, then our community is not well. We are strong when we are together and not well when we are disconnected.

Ensuring that we, as part of our community, are focused on the health and wellbeing of our community and our culture will ensure improved health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe.

Quality, integrated and holistic health services

Our second goal is to deliver quality, integrated and holistic health services to ensure an improvement in the health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe.

Quality means that we will deliver services to the expectations of all industry service standards and to our own standards and the standards expected by the community.

Integrated means that we will work with and connect to the health and support services available on Ngarrindjeri Ruwe to ensure that we ascertain the best services available for our people.

Holistic means that we will listen to what our clients say about their overall health, their situation and their environment and look at different ways to achieve better health which encompasses health determinants.

Growth, Partnerships & Opportunity

Our third goal is to grow our organisation, our service and our infrastructure to support the two ambitious goals of Bringing Community Together and Quality, integrated and holistic health services. Moorundi is now an established organisation with a solid track record of service delivery.

In order to reach these goals, and to improve the health outcomes for all Aboriginal and Torres Strait Islander people on Ngarrindjeri Ruwe, we need to grow and expand to ensure our longer-term sustainability.

We recognise we cannot do this alone, and so, we need to establish long lasting and trusting relationships with our partners. We also need to be prepared and responsive to opportunities that present.

Moorundi New Health Facility Open Day 2025



On Friday the 22nd of August 2025 our Ngarrindjeri Community celebrated a significant milestone.

Starting off the day with a Welcome to Country delivered by Aunty Pauline Walker.

What began as a vision more than 23 years ago has now become a reality.

This milestone marks a significant chapter in history — not only for Moorundi, but also for our Community, our People, our Elders past and present, and the generations yet to come.

Our Identity as Ngarrindjeri connected to our land, culture and each other is vitally important.

We extend our heartfelt thanks to all staff and to the Moorundi Board for your unwavering support, leadership, and contributions. Your dedication does not go unnoticed.

We also acknowledge the architects: Phillips and Pilkington, and the builders: Cook Builds, for bringing this vision to life.

Finally, and most importantly, a special thank you is extended to our Elders, past and present, whose guidance, vision, and determination laid the foundations for this achievement.

The Moorundi Team

Moorundi New Health Facility Open Day 2025



Moorundi New Health Facility Open Day 2025



Annual Aboriginal Health Fair Day 2025



Our Annual Aboriginal Health Fair Day 2025!

The event welcomed over 200 attendees, including Community members, staff, and external services. Guests enjoyed live entertainment from Bec Gollan, Lexi Warren, and Jordan Sumner, along with family-friendly activities such as cultural arts and crafts, visits from Animal Anonymous, and more.

The day also provided an opportunity to promote STI/BBV awareness and COVID-19 information. It was another fantastic event, and we eagerly look forward to the next Aboriginal Health Fair Day in 2026!



Stall Holders:

- Ngarrindjeri Ruwe Empowered Communities
- SAPOL
- Breast Screen SA
- Sonya Smith
- Maali Yorga Arts
- Aboriginal Family Support Services
- Cancer Council
- Equality Life
- Shine SA
- ACKTION
- AC CARE

Daffodil Day 2025

Moorundi hosted Daffodil Day in August

To honour Daffodil Day, several of our teams hosted special morning teas and activities.

On Monday the 18th of August, the PKT Team organised a variety of engaging activities for children and families, including baking and decorating daffodil-shaped cookies and creating beautiful daffodil-themed arts and crafts.

On Tuesday the 19th of August, the Aged Care Team held a morning tea where Elders gathered to share stories and reflect on the meaning of Daffodil Day. The event began with a Welcome to Country delivered by Phoebe Kartinyeri, followed by a light morning tea and open conversations about the impact of cancer. The group was also joined by the Kura Yerlo team from Adelaide and wrapped up with a hands-on feather - flower making activity.

Daffodil Day is a significant reminder of the strength within our Communities and the vital importance of unity, support, and remembrance.





We are proud to announce the implementation of two new programs at Moorundi this year, aimed at strengthening Community wellbeing and support.

The **Community Connections Program** helps individuals build meaningful local relationships and engage with their Community. The program supports participation in social and interest groups, facilitates introductions to neighbours and nearby support services, and assists with accessing funding for ongoing or long-term support where needed. Its goal is to reduce social isolation and strengthen community belonging. **Khian** will be **based at the Victor Harbor site**, and **Chris** will be **based at our Murray Bridge site**. For any enquiries, please give them a call on 1800 023 846.

The **Cancer Support Program** aims to enhance cancer care by providing compassionate support to clients and their families during challenging times. The program also promotes Cancer Awareness Month and shares information and resources to ensure the community and clients are well-informed and actively engaged. This program is **based at our Murray Bridge site**. For more information, please contact **Kirsty-Lee** or **Courtney** on 1800 023 846.

The **Psychosocial Support Program** is designed to assist individuals in accessing sustainable community participation opportunities—both socially and economically—to reduce social isolation and improve overall wellbeing. The program also supports clients in building natural support networks and strengthening community connections as part of their recovery journey. This program is **based at our Murray Bridge site.**, for any enquiries, please contact **Everette** on 1800 023 846.

STAFF NEWS



Khian Rigney - Smith

We were pleased to welcome **Khian** to the Moorundi team!

Khian has joined us as part of the **Community Connections Program**, where they will support individuals in building relationships and engaging with others in the community.

Khian will be based at our Victor Harbor site, and we're excited to have them on board.

Kirsty - Lee Giles

We're delighted to welcome **Kirsty-Lee** to the **Cancer Program** last October!

Kirsty-Lee will be based at our Murray Bridge site, where she will provide compassionate support to cancer clients and their families during challenging times.

We're so pleased to have her join the team and bring her care and dedication to this important work.

Aninna Tarasenko

We're excited to announce that **Aninna** has joined us as our new **Program Director** as of October.

In her new role, Annina will oversee the Social and Emotional Wellbeing Team, which includes programs such as Mental Health Counselling, the Community Connections Program, Aged Care Team, Cancer Program, and Children's Program.

Annina will be based at our Murray Bridge site, and we're thrilled to have her leadership and expertise guiding these important initiatives.



STAFF NEWS



Nerylee Aston

We are excited to welcome back **Nerylee** to the team as the new **Indigenous Health Project Officer** under the Integrated Team Care Program.

The ITC Program aims to help assist clients with, or at risk of developing a chronic condition that requires on going assistance to manage and prevent further illness.

Nerylee will be based at our Murray Bridge Site

Catherine Warren

Catherine has been appointed as the new **Clinical Manager** based in Victor Harbor.

In her new role, Catherine will be responsible for overseeing the day-to-day clinical operations, ensuring high-quality patient care, and supporting the team in delivering best practice healthcare services.



SNAICC CONFERENCE 2025

In October, Phoebe Kartinyeri, Natasha Sumner, Kelly Rigney, and Chris Hawkins from our Community Engagement Programs team travelled to Brisbane (Meanjin) to attend the National SNAICC Conference.

which officially became Australia's largest Aboriginal and Torres Strait Islander conference and one of the largest First Nations conferences in the world

The conference brought together delegates and speakers from across Australia and beyond to share knowledge, experiences and challenges in supporting our children to grow up happy, healthy and confident in their communities. It was not only a powerful and inspiring learning experience, but also a celebration of the rich and diverse cultures of our peoples.

Our team were excited to connect with so many passionate voices and return home inspired by the stories, ideas and approaches they can now implement across Moorundi's programs.

AGM Package

The AGM Package includes the following:

- Invitation
- What to expect at the AGM and the rights of the member
- Previous minutes
- Board nomination forms
- Membership forms

Copy of the MACCHS Constitution

124 Adelaide Road, Murray
Bridge SA 5253

15 Victoria Street, Victor
Harbor SA 5211



Moorundi AGM 2025

The Moorundi AGM will be held on the [20th of November 2025](#) at [Ramblers Football Club in Murray Bridge at 10:00am.](#)

A light lunch will be provided, including tea and coffee.



Please contact [Brooke Vanzati](#) , if you require a copy of the AGM package or visit our website at:

www.moorundi.org.au

brooke.vanzati@macchs.org.au

WEEKLY PROGRAM TIMETABLE 2025



MON

Playgroup 9:30am-12:00pm
11a Standen Street, Murray Bridge (Open to Community)

MASH Meningie 10:30am-2:30pm
2 Princes Highway, Meningie (Uniting Church)

TUES

Playgroup 12.00pm - 1.45pm
Goolwa Primary School (Open to Community)

Mens Group 11.00pm - 2.30pm
124 Adelaide Road, Murray Bridge

Turn up Tuesday 11.00pm - 2.30pm
1 Wharf Road, Murray Bridge

THURS

Playgroup 10.00pm - 11.30am
Raukkan School (Open to Community)

* For more info regarding these programs, please call us on 1800 023 846*

UPCOMING OPTOMETRIST DATES



GIVE US A CALL TO ARRANGE YOUR
NEXT APPOINTMENT TODAY ON

1800 023 846



Murray Bridge

124 Adelaide Road, Murray Bridge SA 5253

21st November 2025
16th December 2025
16th January 2026
13th February 2026
13th March 2026
1st April 2026
8th May 2026
19th June 2026

Victor Harbor

15 Victoria Street, Victor Harbor SA 5211

12th January 2026
12th May 2026

Please note:

*An acupuncturist and a podiatrist visit
our site once a month.*

*For upcoming dates, please keep an eye
on our Facebook page.*

Prescriptions

Hi Community, Just a friendly reminder - if you've run out of medication or need to renew a prescription, please call our clinic team on 1800 023 846 to book an appointment with one of our friendly GPs.

Please note that prescriptions cannot be provided without an appointment.

We understand that appointments may be fully booked at times, if you're unable to secure a time, we're happy to add you to our cancellation list and contact you if a slot becomes available.

Thank you for your understanding.



**We want to hear
your feedback.**

* Please note that we have a feedback /suggestion box at reception at each site or on our website at: www.moorundi.org.au

Christmas Closure Dates

CLOSING: Tuesday the 23rd of December 2025

RE OPENING: Monday the 5th of January 2026

Important Reminder:

To ensure that all your medications are covered over the Christmas period, please call our clinic team at 1800 023 846 to book an appointment with one of our friendly GPs. Appointments are filling up quickly, as many clients are getting in early to make sure their prescriptions last through the holidays. Don't wait—secure your spot today!

